



AccouZen CARE FOR WOMEN WITH VIRTUAL REALITY TOOLS

BENEFICES

Easy to handle Several scenarios available Continuity in the sessions Assisted operation (manual) Preset scenario (automatic)

MOTS CLEFS

Maternity Anxiety Tokophobia Therapeutic tool Virtual Reality

LABORATORY



Laboratoire InterUniversitaire de Psychologie

Université de Savoie MontBlanc (USMB)

CONTACTS

LIP : Anne DENIS anne.denis@univ-smb.fr

Linksium : Gisela SCHACH gisela.schach@linksium.fr

THERAPEUTIC CARE FOR WOMEN SUFFERING FROM CHILDBIRTH-RELATED TRAUMA



In 2016 847.100 babies were born in France. Childbirth is often the mother's first hospitalization. In 30% of cases, women report having experienced a traumatic situation, and in 5% of cases, they develop a Post-Traumatic Stress Disorder. This impacts approximately 42,000 women per year. These women experience a disturbed attachment to the child, complicated breastfeeding and/or difficulties in their sexuality.

THERAPY

AccouZen is a tool for therapeutic care based on the principle of graduated in virtuo exposure. The virtual reality software allows a progressive immersion in different 3D scenarios related to delivery situations in a hospital. Accompanied by therapeutic know-how, the available scenarios allow the professional to gradually expose his patient in an adapted and controlled environment.

MATURITY

- The tool was tested with a healthy cohort.
- A clinical study is currently underway.

APPLICATIONS

Use of the method and the tool dedicated to perinatal professionals in the care of women, in particular maternity and liberal psychologists.